



SUPER BOWL SALAD BAR



INSALATA DI CAMPO

Romaine lettuce, red onion ring, ripe tomato, rucula, filled olives. Beet root and carrot. Lime vinaigrette and virgin olives oil



IL FIRENCINO

Spinach, radicchio, watercress, rucula, zucchini julienne, green asparagus, cucumber and caramelized nuts. Topped in a balsamic vinaigrette



GREEN SALAD

Lettuce, spinach, tomato, onions, avocado



WHOLE GRAIN RICE WITH TUNA FISH SALAD

Whole-grain rice, tuna fish, sweet corn, fresh cheese and squash, with olive oil dressing and balsamic vinegar



EL CARNAVAL

Red lettuce, frisse lettuce, brunoise of onions, sweet corn, tricolor bell pepper and avocado with feta cheese aromatized with herbs. Citric vinaigrette

BAKED & PASTAS

STUFFED CANNELLONI

Three variety of mushrooms, tomato sauce and provolone cheese



LASAGNA FIORENTINA

Spinach, ricotta cheese and tomato basil sauce

LASAGNA BOLOGNESE

Bolognese and creamy sauce, gratinated with mozzarella cheese



SPAGHETTI BOLOGNESE

SUGO ALL'AMATRICIANA



These are healthy dishes which help in maintaining a balanced diet.



Gluten Free





CALZONE

MIILE SPA

Made with whole grain flour, onions, tomato concasse, spinach, oregano and basil

4 Seasons - Stuffed with mushrooms, ham, artichoke and bell peppers

PIZZA

VEGGIE PIZZA

Made with whole grain flour, fresh mushroom, red onions, green peppers, tomatoes, black olives and asparagus

A LA JARDINERA

Bell pepper, artichoke, mushrooms, zucchini and eggplant

MARGARITA - Tomato sauce, mozzarella cheese, oregano and basil

MEDITERRANEAN - Tuna, black olives, bell pepper, capers and feta cheese

A LA MARINERA - Tomato sauce, bell pepper, onion, shrimps, anchovies and squids

GOURMET - Blue cheese, Camembert and goat cheese, mushrooms and artichokes

HAWAIIANA - Pineapple and ham

A LA MEXICANA

Spanish sausage, bell peppers, onion and jalapeño pepper

NAPOLITANA & MEAT BALLS - Tomato sauce, meat balls and mozzarella cheese

PIZZA WITH THE INGREDIENT OF YOUR CHOICE

Tomato sauce, mozzarella cheese, blue cheese, oregano, basil, eggplant, zucchini, bell peppers, onion, pineapple, ham, mushrooms, sweet corn, spanish sausage, shrimps, meat balls, chicken, tuna fish, sausage.



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DESSERTS

BAKED ALASKA

TIRAMISU COUPE

NUTELLA CHEESE CAKE

HAZELNUT CHEESE CAKE

